

Feeding America's Questions for BRFSS Request

Food Security – Validated USDA 6-Item Module

The following are statements that people have made about their food situation. Please indicate whether the statement was often true, sometimes true, or never true for you and your household in the last 12 months

Q1. “The food that I/we bought just didn’t last, and I/we didn’t have money to get more.” *[often true, sometimes true, or never true, don’t know]*

Q2. Please indicate whether the statement was often true, sometimes true, or never true for you and your household in the last 12 months.

“I/We couldn’t afford to eat balanced meals.” *[often true, sometimes true, or never true, don’t know]*

Q3. In the last 12 months, did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food? *[yes, no, don’t know]*

Q4. [Only asked if yes to Q3] How often did this happen—almost every month, some months but not every month, or in only 1 or 2 months? *[almost every month, some months but not every month, only 1 or 2 months, don’t know]*

Q5. In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food? *[yes, no, don’t know]*

Q6. In the last 12 months, were you ever hungry but didn't eat because there wasn't enough money for food? *[yes, no, don’t know]*

Charitable Food Assistance Use – Validated Feeding America 2-Item Module

Sometimes people need help getting food for their household. There are many programs in the community that can help.

Q7. During the past 12 months, have you or anyone in your household gotten free groceries from a food pantry, food bank, church, or other place that helps with free food? *[yes, no, don’t know]*

Q8. During the past 12 months, have you or anyone in your household received a free meal from a church, shelter, home-delivered meal service like Meals on Wheels, or other place that helps with free meals? *[yes, no, don’t know]*

Government Food Program Use – Validated Urban Institute WBNS (Condensed)

Q9. The next question asks about public benefits you or your family may have received in the past 12 months. Did you or anyone in your family receive the following benefits at any time since [current month] [current year-1]?

- a) The Supplemental Nutrition Assistance Program (SNAP), formerly known as the Food Stamp Program. **[IF THE RESPONDENT IS IN A STATE WITH STATE-SPECIFIC NAMES INSERT: You may know this program as [INSERT PROGRAM NAME].**
- b) **[if NUMCHILD between 0_5>0]** The Women, Infants, and Children (WIC) nutrition program, which provides supplemental foods, nutrition education, and health care referrals to pregnant women, new mothers, infants, and children up to age 5.
- c) **Add other programs as helpful for your state’s needs**
- d) Don’t know

Other programs may include:

- x) **[if NUMCHILD between 5_18>0]** Free or reduced price school meals
- x) **[if NUMCHILD between 5_18>0]** Summer EBT or SUN Bucks, which provides a grocery benefit to families with school-age children when schools are closed during the summer